

CITYNEWS  **BOCA'S BEST**

READER'S CHOICE 2017

READER'S TOP PICKS IN

**Restaurants
Home Services
Medical
Professional
Best Products
Salons & Spas**



**“Our Team Is Driven
To Earn Your Business”**

MEDICAL & PROFESSIONAL SERVICES



Pilates Studio

LAURA'S ULTIMATE PILATES

7873 University Drive, Parkland

954-575-2121

LaurasUltimatePilates.com



If you want to get in the best shape of your life, the "ultimate" transformation can be sculpted at Laura's Ultimate Pilates. Experience the power of Pilates and feel better about your looks, body, and health with help from expert Laura Simoncini and her professional staff. The results are truly amazing – improved posture, shrinking waistline, long lean well-toned legs and sculpted arms.

Laura's Ultimate Pilates is an award winning, state-of-the-art full equipment studio and five time winner of Reader's Choice! Try one of their many classes, such as Reformer/Tower Combo, Reformer/Tower Boot Camp, Cardio Reformer, or The Ultimate. Also available are Pilates for Youths, Pilates for Golf, and Equestrian Pilates. They offer your choice of group, semi-private or private classes to keep you fit and youthful looking. Laura's Ultimate Pilates is the true fountain of youth for your body!

CONGRATULATIONS!
Voted Favorite Fitness/Pilates Studio
in Coral Springs & Parkland City News™
Reader's Choice 6 Years In A Row!

Laura's **ULTIMATE PILATES**

**Parkland's Premier
Pilates/Barre Studio
954-575-2121**



GET THE BODY YOU ALWAYS DREAMED OF!

- Work Your Deepest Ab Muscles
 - Dramatically Sculptured Arms & Shoulders
 - Long, Lean and Defined Thighs
 - Burn Fat Fast and Lose Unwanted Inches
 - Chisel Your Waist Line • Tone Hips & Butt
 - Improve Posture • Increase Flexibility
- WORK MUSCLES YOU NEVER KNEW YOU HAD!**

**COMPLIMENTARY 1 HOUR
GROUP REFORMER/TOWER CLASS OR
30-MINUTE PRIVATE TRAINING SESSION**

Mention this ad for complimentary offers. Space is limited.
Reservations Required. New clients only. Limit one per client. Other restrictions apply.
EX: 7.31.17

7873 University Drive,
Parkland, Florida 33067
(PARKLAND COMMON'S PLAZA)
www.LaurasUltimatePilates.com
PARKLAND • CORAL SPRINGS • BOCA RATON

